

**COME TEST THE WATERS THIS SUMMER...  
A CHANCE TO COMPETE AND HAVE SOME FUN ON THE RUN!!!!**

## **SALINE CC & A2 RACE MANAGEMENT**

***Will host a summer series of CC Mini Meets!***

**WEDNESDAY, JULY 11, 2012  
WEDNESDAY, JULY 18, 2012  
WEDNESDAY, JULY 25, 2012  
WEDNESDAY, AUGUST 1, 2012**

**On one of the premier CC Courses in Southeast Michigan .....**

**HURON MEADOWS METROPARK!**

**FORMAT: NO TEAM SCORES – THESE ARE BASICALLY GLORIFIED TRAINING RUNS!**

**EACH NIGHT WE WILL HOST SEPARATE ONE MILE & 5,000 METER RUNS.  
MALE AND FEMALE ATHLETES OF ALL AGE GROUPS WILL RUN TOGETHER.  
THESE RACES ARE “OPEN” SO ANYONE FROM SIX TO NINETY SIX CAN RUN!**

**MEET PHILOSOPHIES: HAVE SOME FUN ON THE RUN THIS SUMMER!  
DO SOME TEAM BONDING!  
HAVE A FAMILY PICNIC AND GO ON A RUN TOGETHER!  
TRAIN WITH YOUR FRIENDS!  
COACHES AND ATHLETES CAN COMPETE TOGETHER!  
GIVE NEW CC RUNNERS A HEADS UP ON CC RUNNING!**

**RACE TIME SCHEDULE:**

“OPEN” One Mile Run	7:00 pm
“OPEN” 5,000 Meter Run	7:15 pm

**RESULTS:** Will be available within 15 minutes after each race.  
*Typed copies will be available for you to take home and will also be posted on line.*

**AWARDS:** YOU WILL FEEL GOOD ABOUT YOURSELF!  
We might have some raffles of donated goodies for all who are present after the race.

**ENTRY FEE:** \$5.00 per runner.  
There will also be a \$5.00 entrance fee for each vehicle into the metro park.  
**MAKE CHECKS PAYABLE TO A2 RACE MANAGEMENT**  
**CASH is the preferred method of payment. No credit cards accepted.**

**MEET ENTRY FEES COLLECTED ON THE DAY OF THE EVENT. NO PRE MEET ENTRY REQUIRED.**

### **QUESTIONS / CONTACTS:**

<b>Beem</b>	<b>Cell 734 – 945 – 8548</b>	<b>Email <a href="mailto:A2Racemanagement@gmail.com">A2Racemanagement@gmail.com</a></b>
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**COURSE NOTES:** The Huron Meadows course is fast and fun! It is a measured, 5k course located just west of US 23 (Exit 55 – Silver Lake Road) in the beautiful Huron Meadows Metropark. (Near Brighton and Whitmore Lake) It is a rolling wooded course that produces some terrific times! It is a true Cross Country course complete with hills, and trails, and other obstacles! Your runners can enjoy the wildlife – sandhill cranes, squirrels, rabbits, mosquitoes, and who knows what else you will see! We think it is a great experience for runners who appreciate the sport of Cross Country – come out and run with us! You will be happy you did! We put on good meets!