Prince of Peace Lutheran Church *proudly presents…..*

Scan with your smartphone for more information

FOOTPRINTS OF PEACE
TRACK & TRAIL 5K

Everyone leaves a mark, make yours count!

Fees:

Run/Walk*

$25 (before 9/1/13)
$30(between 9/1/13-9/15/13)
$35 Race Day

Kid's Obstacle Course*

$10 (before 9/1/13)
$12(between 9/1/13-9/15/13)
$15 Race Day

*T-shirts guaranteed for early registrants of run & walk
Kid's Obstacle course participants receive medal

5K Partial Trail Run/2 Mile Track Walk/
Kid's Obstacle Course

Saturday, October 5, 2013

Visit our website:
www.footprintsofpeace.com

Register Online Now
www.raceracerace.com

Questions? Contact us at
footprintsracedirector@gmail.com

Race Location:
New Directions/Center for Youth Achievement
28000 West Nine Mile Rd
Farmington Hills, MI
(9 Mile Between Middlebelt & Inkster)

Start Time: Registration & Check-In 8:00 a.m
Run/Walk 10 a.m
Kid's Obstacle Course 11:30 a.m

ALL PROCEEDS TO BENEFIT NEW DIRECTIONS!

New Directions is a program of Lutheran Child & Family Services of Michgian. It is a residential facility that provides a safe, therapeutic environment for adolescents ages 12 to 18, who are experiencing cognitive impairments and emotional disorders.

7/21/13

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Kid's Obstacle Course 11:30 a.m

Footprints of Peace Track & Trail Entry Form:

Please fill out one form per entry. Form may be copied.

First Name _____ Last Name _____ Phone _____

Address_____ City_____ MI Zip code_____

Email _____ 5K Partial Trail Run _____ 2 Mile Track Walk _____ Kid's Obstacle Course _____

Age on Race Day _____ Shirt Size (trail run & walk participants) (please circle) S M L XL 2XL

Visit our website:
www.footprintsofpeace.com

Waiver: I understand that participating in this 5K trail event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, and conditions of the running course. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, and each of their agents, representatives, successors and assigns and all other persons associated with the event, from all my liabilities, claims, actions or damages that I may have against them arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties or otherwise. Further, I hereby grant full permission to any of the foregoing to use any photographs, videotapes or any other record of this event for any purpose whatsoever. I attest and verify that I have full knowledge of the risks involved in this 5K trail event and I am physically fit and sufficiently trained to participate in this event.

Signature of Participant (or parent or guardian for those under 18)

_____

Mail Entry to
Prince of Peace Lutheran Church
28000 New Market Road
Farmington Hills, MI 48331
Attention: Footprints of Peace Race Director

Make checks payable to
Prince of Peace Lutheran Church
Be sure to write RACE on the memo line

7/21/13