

1ST ANNUAL



A Family Friendly Event For
People of All Ages and Abilities!



All proceeds support CHASS' Community Education Programs that help educate, empower and enable clients and our community to get – and stay – healthy.

Start Times:

Check-in: begins 8:00 AM

Children's Race Start: 9:00AM

5k Start: Approximately 9:30AM (Immediately following conclusion of children's race)

Participant Fees:

Beginner/Children's Run/Walk (400 meter)

\$5.00 paid on or before 9/5. \$10.00 day of race.

5k Run/Walk

CHASS Clients - \$5.00 paid on or before 9/5. \$10.00 day of race.

Non-CHASS Clients - \$25 paid on or before 9/5. \$35 day of race.

Registration:

CHASS clients can obtain race registration forms at the Welcome Desk inside the Southwest Center. Completed forms and registration fees can be returned to the Welcome Desk or mailed to Race Registration, CHASS Center, 5635 West Fort Street, Detroit, MI 48209. Please make checks payable to CHASS Center, Inc.

Non-CHASS clients can register online at www.raceracerace.com

Late registration

Walk-up registration will be available at Packet Pick-up starting 8:00AM the morning of the event.

Race Route

The Race Route will start at CHASS' Southwest Center, 5635 West Fort Street (at Junction) and run through Southwest Detroit's vibrant Mexicantown community to Clark Park, one of the city's premier recreational jewels. Street route: Leave CHASS' parking lot, head north on Junction, go east on Porter and enter and run through Clark Park, return to finish the 5K distance back at CHASS.

For More Information:

Contact CHASS Center at 313.849.3920 ext. 5163 or visit www.chasscenter.org.

To volunteer contact rbryce@chasscenter.org.

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SATURDAY 9:00 AM
 SEPTEMBER 7, 2013

Race Registration Form

One participant per entry form
 Form may be copied

PLEASE PRINT NEATLY

Name: _____ Phone: _____

Address: _____ E-mail: _____

5K Run/Walk (check one):

- CHASS PATIENTS: \$5 by 9/5 _____ \$10 thru 9/7 _____
- CHILDREN'S RACE: \$5 by 9/5 _____ \$10 thru 9/7 _____
- NON-CHASS PATIENTS: \$25 by 9/5 _____ \$35 thru 9/7 _____

Adult's T-Shirt size (check one): S _____ M _____ L _____ XL _____

Children's T-Shirt size (check one): S _____ M _____ L _____

Waiver: In consideration of my participation in this event, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, waive all rights and claims for damages I may have against the CHASS Center, City of Detroit, County of Wayne, Detroit Police Department, event officials, volunteers, and any suppliers, agents independent contractors, employees and any other personnel in any other way assisting or connected with this event and the sponsors of this event, their agents, representatives, land owners, successors and assignees for any and all injuries suffered by me at event, or which may arise out of my traveling to, participate in and returning from this event. I further state that I am in a proper physical condition to compete in this event.

I understand that participating in the CHASS Mexicantown 5K Run/Walk or Children's Race includes an element of risk for myself or my child. I should not participate unless I am physically able and properly conditioned. I agree to abide by any decision of an event official relative to my ability to complete this event safely and I further agree that event officials may authorize emergency treatment for me. I also understand that vehicle traffic and spectators may be present along the course, and I assume any contact with spectators, the effects of the weather (including temperature extremes and humidity) and other surface conditions of the roads and sidewalks; all such risks being understood and appreciated by me. I agree to abide by all rules of this event.

I also understand that any sponsor may subsequently use, for publicity or promotional purposes, my name or pictures of me or my child/children without liability or obligation to me.

Signature: _____

Date: _____

Signature of parent or legal guardian required for participants under the age of 18.

Please no bikes, roller blades, skateboards or other hazards – thank you.