

## **DPSL Track and Field Championship**

**Saturday May 28, 2016**

**East English Village High School**

**WE WILL RUN AHEAD OF SCHEDULE WHEN POSSIBLE! BE PREPARED...**

**9:45 a.m.** Coaches meeting at finish line- Athletes should be checking into field events, Weigh in Shot and Discus.

**Scratches due by 11:00 at finish line. (Scratches only, no substitutions except in relay participants!)**

**We would like your relay cards at this time as well!**

**10:00 a.m.** Field events begin..High Jump girls first (4'4" with 2" raises ).Boys (5'6" with 2" raises )...Boys Long Jump....Girls Shot Put ...Boys Discus..There will be no finals for field events, each will have 4 attempts ,place determined by best effort of the day.

**Schools will furnish their own starting blocks.**

**All contestants must be in school uniform as allowed by MHSAA rules and regulations.**

**12:00 p.m.** Final 3200M Relay

**12:20 p.m.** Laned Race Prelims: Heat Winners plus next best times to finals ..  
Boys run first in 2016...100 M...100 MHH...110 MHH... 200 M....

**30 minute break (Management may revise this depending on weather, etc! Listen to PA for updates!**

**1:30 p.m. or 30 mins after last 200m PreLim.** Opening Ceremonies and National Anthem.

**1:35 p.m.** Opening Ceremonies and National Anthem.

**1:45 p.m...Finals** order of events 100M /110M Hurdles, 100 M Dash, 800 M Relay, 1600M Run, 400 M Relay, 400M Run, 300 M Hurdles, 800 M Run, 200 M Run, 3200 M Run, 1600 M Relay.

**ENTRIES....Each school is allowed up to three (3) entries per individual event and one (1) relay team per event. There will be no additional qualifiers and you cannot substitute scratched athletes with another.**

**Entries are due on athletic.net by Tuesday May 24, 2016...All entry related questions should be sent to Kevin Behmer at .....a2racemanagement@gmail.com...**

**SCORING and TROPHIES...**The top 8 in each event will score..10,8, 6,5,4,3,2,1...The top team in each league will receive a trophy and the DPSL Track and Field Champions will receive a trophy. Top3 in each event will receive a medal and 4<sup>th</sup>-8<sup>th</sup> will receive ribbons. Awards will be made after each final event.

**East League..**EEV, Pershing, CT, MLK, S.E., Osborn, Douglas/D.I.A, Denby, Davis

**West League...**Western, Renaissance, Ford, Mumford, Cody, C.M.A., DCP N.W., Central, West Side.

**All field events will be staffed by a MHSAA official; each school must provide 2 workers to provide assistance to officials (measuring attempts and retrieving implements )..You will be asked to provide the names of these individuals before the meet starts.**

**High Jump..**Renaissance, M.L.King, DIA, H. Ford....

**Long Jump..** West Side,Pershing, Denby, Douglas, C.M.A.

**Shot Put..**DCP Northwestern, Southeastern, Mumford, Western....

**Discus..** Davis, Cass Tech, Osborn, Central, Cody. ..

**Hurdle Crew ..**East English Village

**Coaches and athletes participating in this meet will be admitted free, there will be a \$5.00 admission fee for all other spectators.**