4th Annual Run for HOPE

5K Run and Kids 1/4 Mile Fun Run

Saturday, June 11, 2016

5K Run ~ 9:00 am; Kids Fun Run ~ 10:00 am

Sponsored By: Hope Lutheran Church, Linden, MI

Proceeds to fund college scholarships for Linden High School students

WHEN:
- Saturday, June 11, 2016, 5K – 9:00 am, Kids 1/4 Mile Fun Run – 10:00 am
- Pre-race packet pick-up Friday, June 10, 2016 4:00 pm - 7:00 pm, Hope Lutheran Church
- Race Day Registration and packet pick-up begins at 7:30 am on race day

LOCATION: Hope Lutheran Church, 7355 Silver Lake Road, Linden, MI 48451, just west of Linden High School

AWARDS: Medals awarded to top 3 in each 5-year age group for the 5K; Trophies in the 5K event to overall and masters, male & female winners; Ribbons to all kids run event participants; Award ceremony and refreshments following the races.

Register By Monday, May 25 to Receive A Moisture-Wicking Tech T-Shirt

REGISTRATION: Register online at **www.HopeLinden.org** or http://a2racemanagement.com/registration/ ***(online registration available until June 9***), or you may register by mail, check payable to Hope Lutheran Church (address above)

- Walkers are encouraged to participate even though there is not a separate race-walk award category
- Childcare provided during the 5K event
- Event is professionally timed with an electronic chip system
- Results posted online at www.HopeLinden.org
- Course is a mixture of paved roads with little traffic and beautiful wooded cross country trails
- "Like" us on Facebook (www.facebook.com/RunForHopeLinden)
- Contact information: (810) 735-4807 or email: hopelclm@gmail.com

PRICE:
5K – **EARLY** Registration through May 25 - **$20** - **Includes Moisture Wicking Shirt**
5K – **SPECIAL** Youth Registration Rate (through 12th grade) - **$10** – **No Shirt**
5K - **LATE** Registration (May 26-June 11) - **$25 - No Shirt**
Kids Run - **EARLY** Registration by May 25 - **$10 - Includes Shirt**; **$5 No Shirt Included**
Kids Run - **LATE** Registration (May 26-June 11) - $5 - **No Shirt**

Questions:
Contact Amy Watts at 810.730.6370 or awatts0630@gmail.com

Name:_____ **Age on Race Day:**_____**Date of Birth:**_____

Address:_____Gender: ❑ M ❑ F

Email:_____ **Phone:**_____

Shirt Size (*circle one* ***if registered by May 25***): **Women's** (*Thinner Cut*) XS S M L XL XXL 3XL 4XL

Men's Sizes (*Unisex)*: XS S M L XL XXL 3XL 4XL **Youth Sizes**: XS S M L XL

EVENT: ❑ 5K ($20) ❑ 5K Special Youth ($10 **NO** Shirt) ❑ Kids 1/4m ($10) ❑ Kids 1/4m ($5 **NO** Shirt)

LATE EVENT (NO SHIRT): ❑ 5K ($25) ❑ 5K Special Youth ($10) ❑ Kids 1/4m ($5)

Race Fee: $_____ + **Optional donation to scholarship fund**: $_____ = **Total Enclosed**: $_____

Waiver: In consideration of my accepting entry, I waive all claims of damage of any nature against the race and its sponsors for injuries suffered by me as a result of this event. I also verify that I have full knowledge of the risks involved and I am physically fit and sufficiently trained to participate in this event.

Signature (*or Parent, if under 18*):_____**Date**:_____