OCTOBER
1

2ND ANNUAL

5k
10k

Walk/Run

Registration: 9am Start Time: 10am Cost: 5k $30 10k $40

Shepherd High School Track

Register online at a2racemanagement.com or submit the following form by mail. Guaranteed shirt with registration by September 15th

Proceeds to support victims and survivors of domestic violence in Central Michigan

learn more about B.E. Strong at www.bestrongandrun.org

Race Registration Form

First Name	
Last Name	
Address	
Phone #	
Email Address	

Age	
Gender	
5K/10K	
T Shirt Size	S M L XL XXL

Please complete and mail (along with check made out to B.E. Strong) to:
P.O. Box 542, Shepherd, MI 48883