

2019 ANN ARBOR RUNNING COMPANY
“COACHING LEGENDS CLASSIC” CROSS COUNTRY MEET

*****TENTH ANNUAL*****
ON THE LIGHTNING FAST COURSE AT “HURON MEADOWS” METROPARK
 (YOU WILL LOVE THIS COURSE – IT IS ONE OF THE BEST IN MICHIGAN!)

This meet will be co-hosted by Saline and Brighton High Schools.
 Meet managers are Tom (Mick) Micallef, Mike Smith and Gary Meehan.
 This meet will be hosted on the regional course at Huron Meadows.

PLEASE NOTE:

1) The Middle School and Elementary races will once again be on Friday night!

2) This year again there will be TWO divisions for the High School races on Saturday.

Smaller schools (enrollment less than 1400) compete in the Blue Division

Largest Schools (enrollment above 1400) and those teams that are most competitive will compete in the Gold Division.

We will entertain requests to move up or down based on team strength. We will attempt to balance the divisions.

NO DIVISION WILL HAVE MORE THAN 24 TEAMS ON THE START LINE!

3) We will have TWO JUNIOR VARSITY RESERVE RACES for EACH GENDER on Saturday.

FRIDAY, SEPTEMBER 27, 2019 – MIDDLE SCHOOL AND ELEMENTARY RACES

COACHES PLEASE NOTE: In 2016 there were changes at the MHSAA level allowing 6th graders to compete with 7th + 8th graders. As this change impacts programs differently depending upon your programs parameters, we will give Coaches the choice to run 6th graders in any of the races listed below. You can run some 6th graders in the 3,200 meter races and some 6th graders in the 2,500 meter races. Do what is best for your program and your individual athletes!

Note! FOR VARSITY RACES WE WILL ALLOW TEAMS TO ENTER TEN RUNNERS.

(only the top seven will figure into the meet scoring but all can earn medals)

Time Schedule	Girls 6 / 7 / 8 Varsity 3,200 Meter Race	(limit of 10 entries)	4:00 PM
	Boys 6 / 7 / 8 Varsity 3,200 Meter Race	(limit of 10 entries)	4:25 PM
	Girls 6 / 7 / 8 Reserve 3,200 Meter Race	(unlimited entries)	4:45 PM
	Boys 6 / 7 / 8 Reserve 3,200 Meter Race	(unlimited entries)	5:15 PM
	K – 6 th Grade Girls 2,500 Meter Race	(unlimited entries)	5:45 PM
	K – 6 th Grade Boys 2,500 Meter Race	(unlimited entries)	6:05 PM
	AWARDS CEREMONY – ALL RACES		6:30 PM

SATURDAY, SEPTEMBER 28, 2019 – HIGH SCHOOL RACES

Note! FOR HIGH SCHOOL RACES WE WILL ALLOW TEAMS TO ENTER TEN RUNNERS IN THE VARSITY RACES.

(only the top seven will figure into the scoring but all can earn medals)

This will help you to “sort” out your varsity team as championship meets approach.

ALL RACES ARE MEASURED 5,000 METERS.

NO MORE THAN 24 TEAMS WILL BE IN ANY OF THE VARSITY RACES!

WE WILL ENTERTAIN SCHOOLS REQUESTS TO MOVE UP OR DOWN IN DIVISIONS BASED UPON TEAM STRENGTH.

Time Schedule	Women’s BLUE Division Varsity Race	9:30 AM
	Men’s BLUE Division Varsity Race	10:00 AM
	Women’s Junior Varsity Race #1 (For Blue Division Teams)	10:30 AM
	Men’s Junior Varsity Race #1 (For Blue Division Teams)	11:10 AM
	Women’s Gold Division Varsity Race	11:45 AM
	Men’s Gold Division Varsity Race	12:15 PM
	Women’s Junior Varsity Race #2 (For Gold Division Teams)	12:40 PM
	Men’s Junior Varsity Race #2 (For Gold Division Teams)	1:15 PM

TEAM AWARDS AND SPECIAL RECOGNITION AWARDS FOR TOP FIVE ATHLETES FROM EACH RACE WILL BE GIVEN OUT ON OUR AWARDS STAND AS RACE RESULTS BECOME OFFICIAL.

This will be a rolling time schedule. Please listen for announcements.

We will do our best to recognize top individuals and teams!

All medals will be given out in the chute as runners finish.

MEET PHILOSOPHY!

THE IDEA BEHIND THIS MEET IS TO HONOR MICHIGAN COACHING LEGENDS!

Each year we will honor two high school coaches.

We also honor two elementary / middle school / youth coaches each year.

Pictures of these coaching legends will be placed on medals and trophies for the meet.

We hope to make this the best invitational in the state on our corresponding weekend each year.

We hope you can join us for this TENTH adventure. The first nine were HUGE successes!

Our 2019 "LEGENDS" honorees will be as follows: All have committed a lifetime of service to our sport!

HIGH SCHOOL COACHES:

TONY MAGNI – Detroit Catholic Central.

TONY MIFSUD – Dearborn Divine Child

YOUTH COACHES:

COLEEN MONROE – Brighton Public Schools

CHERYL DARNTON – Dexter Public Schools

MEDALS MEDALS MEDALS!

Beautiful, keepsake, custom medals with neck ribbons!

*NOTE: IN ALL RACES, MEDALS WILL BE AWARDED AS ATHLETES PASS THROUGH THE CHUTE!
TOP FIVE RUNNERS WILL BE RECOGNIZED AT THE TEAM AWARDS CELEBRATION!*

HIGH SCHOOL RACES – EACH GENDER

ALL VARSITY RACES – TOP 100 FINISHERS!

ALL JUNIOR VARSITY RACES – TOP 100 FINISHERS!

MIDDLE SCHOOL / ELEMENTARY RACES – EACH GENDER

ALL RACES – TOP 75 FINISHERS

TEAM AWARDS

ALL HIGH SCHOOL VARSITY RACES – TROPHIES TO THE TOP FOUR TEAMS!

Varsity Middle School Races – Trophies to the top three teams!

K - 6th Grade Races – Trophies to the top two teams!

COACHES NOTE!!!!!!

**TO ALL HEAD COACHES - HIGH SCHOOL, MIDDLE SCHOOL, CLUBS WHO REGISTER THEIR TEAMS AND PAY THE A FULL TEAM ENTRY FEE!!!!
YOU WILL GET A SPECIAL GIFT COMPLIMENTS OF OUR AWESOME MEET SPONSORS – THE ANN ARBOR RUNNING COMPANY!**

Entry Fees: **NOTE: ENTRY FEES COVER UNLIMITED ENTRIES IN THE RESERVE RACES**
High School Teams - \$135.00 per team (\$135 for women / \$135 for men = \$270 combined)
Middle School Teams - \$85 per team (\$85 for boys / \$85 for girls = \$170 combined)
K - 6th Grade Teams – \$65 per team (\$65 for boys / \$65 for girls = \$130 combined)
This fee is a separate entry fee if you run athletes in this race.
Individual / Unattached entries - \$20 per runner if you do not have a full team.

PLEASE MAKE CHECKS PAYABLE TO SALINE HIGH SCHOOL ATHLETICS!

Please forward contracts and send entry fees to:

Tom Micallef – Meet Manager
7184 Steeplechase Drive
Saline, MI 48176

Contacts:
email: tommicallef@gmail.com
phone: 734.649.2091

THIS WILL BE A TERRIFIC CROSS COUNTRY MEET!

ENTRIES AND RESULTS RUN ON THE ATHLETIC.NET PROGRAM.

WE GIVE AWAY “HEAVY HARDWARE” – TERRIFIC MEDALS AND TROPHIES!

We will give out more medals than any other invitational on this date!

THE HURON MEADOWS COURSE IS MEASURED, WELL GROOMED AND LIGHTNING FAST!!!
THIS IS A CHANCE FOR YOUR RUNNERS TO POST A NEW PR!

WE RUN A GOOD MEET!

RESULTS WILL BE AVAILABLE ON LINE QUICKLY!!!
WITHIN MINUTES OF THE FINAL FINISHERS!

NOTE: THIS MEET WILL HAVE A LIMITED ENTRY.

24 TEAMS MAXIMUM PER DIVISION. WE WILL FILL THE FIELD!

IF YOU WANT TO BE A PART OF THE ACTION – SIGN AND SEND THE CONTRACT EARLY!

COACHES PLEASE NOTE!

THIS MEET IS A GREAT OPPORTUNITY FOR YOUR TEAM TO FEEL LIKE A WINNER!

OPPORTUNITY KNOCKS! ANSWER THE DOOR!

Kind of like the Readers Digest sweepstakes!

AND Who knows ...next year,
you might be ONE OF our honored coaches!

at Huron Meadows Metropark
CC IS FUN ON THE RUN

