

Subject: Information on the October 15 2016 Gabriel Richard XC Invitational

Hello XC Coaches,

The 32nd Annual Gabriel Richard XC Invitational is approaching on Saturday, October 15 at Hudson Mills Metropark and I wanted to make sure that essential information has been communicated to you.

Roster Entries: Please enter your roster on athletic.net by Tuesday, October 11. You can enter your entire roster and run whichever seven (7) in the Varsity race for your assigned division. Thank you to those that have already entered your rosters. Please let Kevin Behmer at a2racemanagement@gmail.com know if you will be running a 'B' team as well. Send him a message indicating which are your 'A' athletes and which are you 'B' athletes.

NOTE – Division 1 schools are allowed to run up to **twelve (12)** in the 'Large school Varsity Race'.

Entry Fee Payment: Please check with your Athletic Department to make sure payment has been sent. It is \$100.00 per varsity team, or \$200 for one girls' and one boys' team. For those with less than 5 on your varsity team, it is \$20.00 per athlete.

Race Schedule: Slight modifications have been made to the previously published schedule to better accommodate the JV/Reserve Races.

8:45 AM Medium School Division Varsity Men
9:15 AM Medium School Division Varsity Women
9:50 AM Medium and Small School Divisions Varsity Reserve/JV Men
10:25 AM Medium and Small School Divisions Varsity Reserve/JV Women
11:05 AM Small School Division Varsity Men
11:35 AM Small School Division Varsity Women
12:30 PM Large School Division Varsity Reserve/JV Men
1:05 PM Large School Division Varsity Reserve/JV Women
1:45 PM Large School Division Varsity Men
2:15 PM Large School Division Varsity Women

Race Divisions: We plan to stick to the following division designations but please read carefully the awards plan. A listing of participating teams by race division will be sent out the week of the event.

Large School Division = MHSAA Division 1 Schools

Medium School Division = MHSAA Divisions 2 and 3 Schools

Small School Division = MHSAA Division 4 Schools/Homeschool Teams Only

Awards: In an attempt to better recognize our participating teams, we are going to expand the number of team award divisions. While we will run three division races as indicated above but we will present team trophies in the four MHSAA divisions. Three team trophies will be awarded per MHSAA Division in each boys' and girls' Varsity race. In the Medium school division, we will award three team trophies to MHSAA D2 schools AND three team trophies to MHSAA D3 schools in both Varsity races. Individual medals will be award to the top-24 in each Race Division (Large, Medium, Small) for all Varsity races. The top-25 in each JV/Reserve Race will be award ribbons in the chute.

Course: Slight modifications have been made to the course from previous years to make a more compact, two loop course and accommodate variations in the Metropark. Course maps are available upon request.

Invitational T-Shirts: Please let your athletes know that 2016 Gabriel Richard XC Invitational Long-Sleeve T-shirts will be available for sale. The price is \$15.00 and payment can be made in cash, by check OR by credit card. If there is interest in pre-ordering these shirts, please, contact KyleAnne Bragg directly at kasbragg@gmail.com

Coaches please make sure that you stop by the Hospitality Tent on the day of the event. There will be plenty of food for coaches.

Trainer: An on-site trainer will be available throughout the race day.

If you have questions please contact me at jspencer_grcci@earthlink.net or irishdistance@earthlink.net.

Thank you,
Jim Spencer
Race Director
32nd Annual Gabriel Richard Cross Country Invitational

